




AQUARENA
AQUATIC AND LEISURE CENTRE

YMCA
MANNINGHAM

**ANNUAL
REPORT**
2015 – 2016





MISSION

The YMCAs of Australia work together from a base of Christian values to provide opportunities for all people to grow in body, mind and spirit.

VALUES

The YMCAs of Australia are guided to achieve their Mission by the following values:

- We value the whole person, consisting of a body, a mind and a spirit each of which is of equal importance.
- We value the dignity and intrinsic worth of all people regardless of age, gender, ethnicity, belief or other difference.
- We value diversity of people, communities and nations.
- We value equality of opportunity and justice for all people.
- We value healthy communities based on relationships between people which are characterised by love, understanding and mutual respect.
- We value acceptance of personal responsibility.
- These values can be summarised by four key words:
Honesty.
Respect.
Caring.
Responsibility.

MISSION

YMCA Manningham works from a base of Christian values, to provide opportunity for all people to grow in body, mind and spirit.

POSITIONING STATEMENT

Happy, healthy lives.

OUR VALUES

- Honesty
- Respect
- Caring
- Responsibility

VISION

Together with our partners we will create a healthy, active and sustainable community by engaging all individuals and families to achieve their full potential.

Themes:

Our vision is made up of a number of strong themes. These themes drive our activities.

- **Engage:** the ability to be able to deliver our programs to the community outside of YMCA facilities.
- **Healthy and Active:** we deliver programs that produce positive change and results. Our programs focus on physical, mental and social well-being.
- **Everyone:** we are committed to inclusion, equity for people of all abilities, cultures and religions. Nobody will be denied access based on an inability to pay.
- **Partnerships:** the ability to create and maintain positive partnerships was identified as critical to our success.

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A MESSAGE FROM OUR INTERIM CEO AND PRESIDENT

As we approach our 25th year of successfully delivering community recreation programs and services to the Manningham community, it is with great pride that we report that the YMCA of Manningham has again achieved its key objectives in the 2015-16 financial year to; extend our reach, increase our impact, promote healthy active lifestyles and strengthen our movement.

Over the past 12 months the YMCA has continued to serve, enrich and enhance the lives of all members of the community by providing thousands of opportunities for people to participate in our wide range of quality programs and services that are affordable, accessible, designed to help people improve their health and wellbeing and achieve a better quality of life.

From overseeing major redevelopment works at Aquarena, to implementing a broad program of ongoing capital works at our highball stadiums, to extending our one-on-one support to young people in need and providing increased benevolent support through our charitable Foundation Y, we have continued to achieve our mission to make a positive difference and provide opportunities for each and every person to be healthy, happy and connected.

Over the past 12 months our YMCA operations, delivered across the municipality by a qualified, caring and supportive staff team have focused heavily on the following key areas:

- Health and Fitness (Aquarena)
- Sport and Recreation (Highball Stadiums)
- Youth (Youth Services)
- Benevolent Assistance (Foundation Y)
- Community Development (YMCA funded initiatives)

In an increasingly competitive commercial environment and with major construction works impacting some of our bigger business units, overall attendances, turnover, program participation, memberships and customer satisfaction remained strong but were slightly down on previous years. This will quickly return to normal with further increased growth forecasted for the next 12 months as new facilities come online.

Our long standing, valuable community partnerships with key stakeholders including Manningham City Council, other local community service providers, sporting clubs, associations and surrounding schools remain strong.

Our YMCA management and staff teams across all areas of operations continue to identify, plan and adapt to meet the changing and growing needs of our diverse and ageing community whilst ensuring that we maintain a solid financial footing moving into the future.

AQUARENA AQUATIC AND LEISURE CENTRE

2015/16 was a very significant year for Aquarena with the final redevelopment stages 4, 5 and 6 of the Master Plan successfully reaching completion on June 30, 2016 after a 24 month period of construction.

With redevelopment works of this size, major aquatic centres similar to Aquarena are often closed during the entire period of construction causing major disruption to centre users and

members of the community. It is a testament to the extensive forward planning, collaboration, commitment and support of both the YMCA and Manningham City Council that the centre was able to remain open to the public and successfully continue to operate and deliver quality services for the duration of the works without major incident.

Not only did this allow our many loyal members and casual centre users to be able to keep up their regular training programs, but it also enabled the YMCA to maintain important and necessary employment for its large team of committed young men and women who live within the municipality.

Over the past 12 months we have enjoyed wonderful support from our many long standing health and fitness members, swim lesson participants and other program participants who gave us their understanding and support with the occasional service disruptions and inconveniences during construction works. This included some of our key services including the health club facility being located several kilometres offsite for a long period of time.

The outstanding new centre, larger program areas and state of the art equipment place us in the perfect position to grow our service mix, memberships, attendances and revenue's going into the next financial year and continue to meet the needs of the community now and into the future.

HIGHBALL STADIUMS

It has been a very busy and successful year for the Highball Stadiums business unit, with significant efforts made to plan, implement and complete capital improvements to the six stadiums that we manage under contract with Manningham City Council.

YMCA Manningham has also been a proud supporter of the Mullum Mullum Reserve Stadium feasibility, design and planning process meeting with council and Mantric Architecture regularly to provide valuable guidance and advice on key operational areas. The Stadium is expected to open in mid-2018.

YOUTH SERVICES

YMCA Manningham Youth Services has been successfully operating in the local community since 2005 helping to provide leadership and development opportunities for young people. YMCA Manningham is now the largest provider of generalist youth services to young people aged between 12 and 25 years who live, study, work, or play in the city of Manningham.

Our Youth Services team continued to provide a popular range of programs for young people as well as providing information to parents, carers and schools. Our programs are inclusive; strength based and designed to build self-confidence, leadership skills, community connections and resilience. In late 2015 Manningham City Council again awarded YMCA Manningham with a new four year community partnership



agreement which allows us to move forward and plan future service provision effectively for the next four year period.

The Youth Services team implemented a range of new marketing and communication initiatives including redevelopment of a new fully intuitive website with smart phone platform, new individual program brochures and office display, new social media platform and design, program policies and more.

HUMAN RESOURCES

We are pleased to report that despite the redevelopment works at Aquarena, staff satisfaction and retention figures have held steady during the year.

Of note was that 58% of permanent staff have now been with the YMCA Manningham for five years or more and 48% of casual staff have been with the organisation for three years or more. Following the closure of the indoor pool hall for Term 3 of 2015 due to redevelopment works we were very pleased that a majority of our swimming teachers returned to the centre and their original position of employment and responsibility in Term 4.

These very positive staff retention figures reflect our passion and commitment to the training and development of our staff. Other initiatives such as our Staff Reward and Recognition program, access to YMCA programs and facilities, and annual appraisals all assist in minimising our staff attrition rates and turnover.

FINANCIAL SUMMARY

In July 2015, following extensive consultation and advice from our auditors, and the approval of the board, we saw the organisational restructure of the Youth Services business unit along with other benevolent related programs and activities to being consolidated and moved across to The YMCA Manningham Youth & Community Services. This significant restructuring, ensured our benevolent works, programs and activities are positioned in the right place aligning with our organisational mission and vision.

The last few months of the financial year has proved to be a very challenging period for Aquarena as the rebuild of the facility was nearing its completion, with management and staff working very hard to ensure the centre was ready to open to the general public on 1 July 2016.

Because of these major business interruptions the association recorded an operational loss in 2016 of \$273,088. The largest deficit occurred was the Aquarena business unit with an operational loss of \$294,605 which the association plans to recoup from future projected operational surpluses.

The total revenue was \$5,472,191. Expenditure amounted to \$5,750,845, largely comprised of operations expenses of \$969,691 with electricity cost remaining our concern, and employee costs of \$3,393,941.

BOARD OF DIRECTORS

JULIAN YULE, PRESIDENT FINANCE CONSULTANT

Julian has been a Templestowe resident since 1998 and has been actively involved with a number of community projects over this period. Julian has approximately 25 years experience in matters relating to finance and governance gained from his operational and consulting experience gained with a Merchant bank and Ernst & Young. He joined the board in 2011 and provides assistance and guidance in matters relating to finance, reporting and overall governance. He is actively involved with cycling (road and mountain bike) and regularly competes in various events held during the year the highlight of which was following the 2011 Tour de France and riding in the Pyrenees. Julian has been an active Aquarena member for a number of years and believes in keeping fit and active. He is married to Rose and they have two daughters.

KATHERINE GEONGAKOPOULOS, GENERAL COMMITTEE

Katherine has been a volunteer at YMCA Manningham Youth Services since 2007. She has a passion for continuous learning and empowering people to become the best version of themselves. Kat is also into fitness, good food and quality wine; especially on a warm summer night with live music playing in the background.

MARITA IRELAND, VICE PRESIDENT CRITICAL CARE NURSE

Marita has been a member of Aquarena for over 10 years and loves the atmosphere and friendly culture that Aquarena provides. Marita is a Critical Care Nurse and manages the day to day running of a large intensive care unit. It is a busy and challenging role which provides a lot of personal reward.

Marita has always believed in preventative health such as ongoing exercise, healthy eating and a balanced lifestyle which is the key to a long and healthy life. She is excited about being a member of the MYMCA Board and in helping bring change to the community to enhance people's lives through the services of the MYMCA. Marita, and her family are all active member of Aquarena.

SHEREEN AMIN, GENERAL COMMITTEE

Shereen has been a volunteer at YMCA Manningham youth services for over 9 years. In this time she has worked on countless programs and campaigns aimed at empowering young people and breaking down the stigma associated with youth mental health. When she's not volunteering, you'll find her at university slaving away over an architecture model or in nature climbing mountains and chasing adventure.

PAUL DUNN, GENERAL COMMITTEE CUSTOMS BROKER

Paul joined the board in 2009. He has lived in Templestowe for the last 11 years and in that time has worked within other community organisations. He enjoys exercise, competing in Triathlons, and golf. The ideals of the YMCA – building strong people, families and community are ones that he also believes in. Paul is a licensed Customs Broker and company Director working in the International transport industry. He is married with two children.

NICOLE MATTHEWS, GENERAL COMMITTEE BUSINESS RISK CONSULTANT,

Nicole has been involved with the YMCA Manningham since 1999 when she began working as a Pool Assistant at Aquarena Aquatic and Leisure Centre. Nicole was a valued member of the lifeguard team for over 7 years, spending many hours supervising the pools and surviving long summers with thousands of patrons.

Although Nicole no longer lifeguards, she has formed many community associations and joining the YMCA of Manningham board last year has enabled her to represent their needs and ideas.

LENA IACOVANGELO, GENERAL COMMITTEE

Lena has lived in Donvale for over 20 years. As a bi-lingual part time pharmacy assistant she has had the opportunity of recognising the benefits, setbacks, needs and importance of a healthy and balanced lifestyle. Lena joined the MYMCA Board in July 2008.

Her interests include travelling, golf, gardening, reading and cooking. Lena believes in the importance of the MYMCA promoting the spiritual, intellectual, physical and social wellbeing of people in the community.

DAVID BAUMGARTNER, TREASURER ACCOUNTANT

David has worked in the accountancy profession for over 20 years, many of which have been involved with running his own business.

David's broader industry knowledge, experience and networks gained through his business life, help him to competently deal with all challenges confronted through being a board member. David and his wife Liz reside in Manningham with their three children.

CARCY WONG, GENERAL COMMITTEE SOLICITOR

Carcy has been a member of Aquarena since 1994 and loves the friendly atmosphere and people at the centre. Since joining Aquarena, her lifestyle and health have improved. Her husband Sam is also a member of Aquarena.

Carcy came to Australia from Hong Kong in 1991 and has practiced as a solicitor since 1978. She has practiced in Hong Kong and Australia and for a short period in England. She is now retired. She enjoys being a member of the MYMCA Board and hopes to help people's lives through the services of the MYMCA.

DIMITRA FERIZIS, GENERAL COMMITTEE PHYSICAL EDUCATION TEACHER

Dimitra has been a member of Aquarena for many years and has lived in Manningham for over 30 years. Today, along with her three young children, she uses many of the invaluable and extensive programs and services within Aquarena.

Dimitra is an enthusiastic Physical Education teacher at a local primary school, where she promotes the health of children and the community. Dimitra believes that physical activity, sport and recreation play an important role in our lives by providing opportunities for challenge, personal growth, enjoyment, health and fitness. As a MYMCA board member, Dimitra is looking forward to increasing the connectedness of our community to the initiatives of the YMCA.

MANAGEMENT TEAM

ADAM HAWKEN

Chief Executive Officer resigned June 2016

ROB LAZZAROTTI

Interim CEO June 2016, Group Business & Marketing Manager

DAMIEN EAR

Group Finance Manager

FIONA MILLER

Group Administration Manager

ALAN ROWE

Group Operations Manager resigned December 2015

STEVEN DUPON

Youth Services Manager resigned May 2015

MICHAEL COLLING

Youth Services Manager commenced June 2016

KAREN QUINN

Aquarena Centre Manager commenced February 2016

BRENDAN HIBBERT

Stadiums Manager

LIFE MEMBERS

CLIFF BURNS

GRAEME WALLACE

IAN JUNGWIRTH

ANNE FARQUHARSON

WE WORK IN THESE AREAS

HEALTH AND FITNESS

COMMUNITY RECREATION

YOUTH SERVICES

COMMUNITY DEVELOPMENT

BENEVOLENT SUPPORT



HEALTH AND FITNESS

Stage 4 of the Aquarena Master Plan was completed earlier than scheduled and so the new customer service area, foyer and retail areas were opened in April 2016. Stages 5 and 6 were completed on June 30 2016.

New or improved facilities now include:

- Health club (double in size from previous space).
- Extended indoor pool hall with warm water program pool and spa (integrated walk-in and stand-alone) and steam room
- Outdoor waterplay facility open all year round
- Four allied health suites and multi-purpose room
- Extensive redevelopment of the entrance foyer, administration zone and retail and reception areas
- New dry change areas and foyer for Gold and Gold Day members
- Sky bridge linking visitors from the upper car park to the facility with 2 lifts or stairs available to health club/reception (significantly improving accessibility)
- New drop off and pick up zones and new forecourt
- Automated turnstile access for members and swim lesson participants

YMCA Manningham has invested over \$750,000 into the new centre, providing brand new state of the art Life Fitness cardio and strength training equipment in the expanded health club. The temporary health club closed on 29 June 2016 in preparation for the opening of the new purpose-built health club at Aquarena on July 1 2016. The temporary health club operated within the Manningham City Council Civic precinct from September 2014.

We extend our warmest thanks to Manningham City Council for making this space available and allowing our health club members to continue to access fitness facilities during redevelopment works. We also extend thanks to our staff and suppliers for managing the transitions between the two locations as well.

We made arrangements with Eltham and Kew YMCAs for our members to use swim, spa and steam facilities during redevelopments. Thousands of visits were recorded by Aquarena members during this time. We had the unusual situation during this time where a member may have visited Eltham YMCA for their spa/steam session then Aquarena for their group exercise class and finally the temporary off site Health club for their gym workout. That's dedication. We certainly appreciate our members understanding and support during redevelopments.

As expected, total attendances, swim lesson participation and memberships decreased during re-developments with some services not operating or offsite. Some completion dates were extended compared to original timelines which also effected customer retention levels (e.g. use of temporary health club was extended by 147 days, spa and steam room by 96 days). The indoor pool hall and 25 metre pool was closed during term 3, 2015 to allow for improvements to the pool concourse, which effected swim lesson enrolments the following term.

Annual attendance was recorded at 349,982 visits, which is approximately half of the annual attendances seen previously at Aquarena at peak periods. Memberships decreased by 8% and swim lesson participants by 7%. On a positive note our retention rate of 87.76% is an all-time high (this is the percentage of our members who have been members for 13 or more months).

Participation numbers decreased in both Land and Aqua Exercises classes. However the Pryme Movers program showed resilience throughout the renovations with strong attendances and occupancy numbers. The Group Exercise program was expanded considerably in preparation for the opening of the redevelopments.



COMMUNITY RECREATION

During 2015-16, YMCA Manningham 's key focus in the management of six of Council's Highball Stadiums has been to continue to upgrade the facilities.

Those stadiums currently under YMCA Manningham management are:

- Manningham DISC
- Doncaster Leeds St Sports Centre
- Doncaster Badminton Centre (at Doncaster P.S)
- Templestowe Heights Sports Hall (at Templestowe Heights P.S)
- Warrandyte Sports Complex (at Anderson's Creek P.S)
- Park Orchards Community Centre (at Park Orchards P.S)

A great deal of planning and effort has gone into capital improvements and maintenance to ensure the stadiums are not only well maintained, but are also developed into high quality professional stadiums for the future.

Both YMCA Manningham and Manningham City Council have maintained a strong commitment to the best use of community funds in the management of Council assets. So with this in mind, there has been a focus on the future-proofing of the stadiums. Major upgrade items have included painting the stadiums inside and out, installation of cooling systems where viable, replacement of older systems, upgrades to safety padding, replacement of skylights, full toilet amenity upgrades, insulation and wall panelling.

An upcoming improvement of the facilities will be the changeover of lighting to LED based systems. This is expected to improve the energy consumption of the stadiums by up to 65%. In addition to the reduction in energy, the lifespan of the new lighting is expected to be 5 or more times greater than the current metal halide and fluoro systems in place providing many operational benefits to their installation.

Whilst the YMCA is offering a number of programs which have experienced significant growth throughout the year, many of the six stadiums under our management serve as home stadiums and administrative bases for community sporting clubs. These include BTYC Gymnastics, Doncaster Basketball Club, Warrandyte Basketball Association, Park Orchards Basketball Club, Doncaster All Abilities Basketball and the Doncaster and Templestowe Badminton Association. We are working hard to support these clubs and ensure they have viable home stadiums into the future that they can be proud of.

As we prepare to enter our sixth year of operation of Manningham Highball Stadiums, we can be sure that we are now presenting the best possible facilities to the Manningham community with plans to improve them further in the coming years.

YOUTH SERVICES

There were a wide range of great programs, events and other initiatives for young people to get involved in at YMCA Manningham Youth Services in 2015/16.

In addition to our Community Partnership Agreement with Manningham City Council, YMCA Manningham Youth Services continues to manage two other externally funded projects being, ENGAGE (mentoring) and FReeZA.

Our FReeZA program engages a group of young people from Manningham who receive training in event management and work with our FReeZA Coordinator to host drug, alcohol and smoke-free live music events for young people across the municipality.

Other events held this year included the 'Tomorrow Fest', in March 2016, which was a showcase of short feature films made by young people in Manningham with the support of the Youth Services team.

Each short film was about how we can 'make tomorrow better,' and the successful major screening took place at a packed theatre at Westfield Shopping Centre.

Youth Services also continued to build upon the necessary strong relationships with other community organisations, which included supporting other local events such as the inter-faith soccer match; a celebration of the diverse nature of Manningham's young people coming together.

Youth Services team members continued to deliver a range of popular and successful programs throughout the year including twilight discos, school programs, disability programs and more, as well as overseeing a number of improvements in current policies, operating procedures and administrative processes.

HIGHLIGHTS

PRYME MOVERS FITNESS FORUM

The Pryme Movers Fitness Forum is a quarterly educational health promotion seminar/workshop immediately followed by a specialist group exercise class aimed at the unique and growing needs of older adults in our ageing community.

It's a great way for seniors who aren't currently active but are looking to start an exercise program to have the opportunity to learn the many mental and physical benefits of being active from a recognised industry health professional. They also experience the fun and energy of a group exercise class taught by a friendly, qualified and experienced older adult instructor.

The forums are focused on older adult health promotion and preventative health care with past sessions covering areas including preventing heart disease, obesity, hypertension, osteoarthritis and more. The workshops are proving very popular with limited numbers being booked out most sessions and the events are proving the perfect first step before participant's transition into becoming regular users of the centre.

YOUTH FILM FESTIVAL

YMCA Manningham Youth Services hosted the first ever Tomorrow Fest Film Festival showcasing the film planning, production and development skills and of young people in the community.

Held at Village Cinemas Doncaster a large number of residents, participants and their families turned out to spend an afternoon relaxing, enjoying and viewing all of the movies presented by all of the event entrants.

Over 12 high quality short films were shown on the huge large format movie screen including some very impressive documentary style film making which proved quite popular with the team of judges.

Between the showing of each movie, young entrepreneurs shared their inspirational ideas behind the projects and films and their suggestions on ways to create further positive social change for young people in Manningham.

Award categories include best film, audience choice and most innovative idea and film to promote the needs of young people in the municipality.



NEW WARM WATER POOL

Situated in our new aquatic zone the warm water pool provides the perfect space for our rehabilitation programs, gentle exercise and relaxation and is heated to a warm 33-34 degrees.

With a depth of 1.1m to 1.4m and with stair, ramp and hoist access, the warm water pool is the perfect place for centre users to recuperate, relax and indulge in a quiet and tranquil aquatic environment.

Including a large new integrated spa (separated from the stand alone spa area), people of all abilities are able to enjoy our brand new integrated spa zone with direct access into the wider warm water pool area. A separate new raised spa area adjoining the warm water pool is much larger than our previous facility and provides the ultimate water relaxation experience. An infinity wall from this spa circulates water into the integrated spa below.

Within this new aquatic zone is our steam room which invokes the therapeutic use of high wet heat to relax muscles and promote perspiration. Increasing overall blood flow and circulation, the steam room provides health benefits above and beyond relaxation and stress reduction.



YOUTH SUPPORT SERVICE

YMCA Manningham Youth Services provide a therapeutic support service to young people aged 12-25 years old who live, work or study in the City of Manningham who feel that they could benefit from some caring and skilled one-on-one support.

The aim of our Youth Support program is to empower young people to work through some of the short term challenges that they may be facing through a structured strengths based and goal orientated individualised support program.

The Youth Support Program Coordinator is a qualified Social and Human Services Worker registered with the Australian Association of Social Workers and has been working at the Youth Services since 2011. The coordinator delivers a solution-focused response when working with young people ensuring that the individual is encouraged to develop strategies and sustainable solutions within a supportive environment.

Throughout the year the coordinator has been supporting several young people to address many of their personal challenges, channelling their strengths and interests, and empowering them to set a range of new personal goals. This guidance and support has produced real positive outcomes in participants including increased confidence, new found direction and growing community engagement.



DONCASTER ALL ABILITIES TOURNAMENT

YMCA Manningham continued a proud involvement in the Doncaster All Abilities Basketball competition, held at DISC on Thursday and Friday evening.

YMCA Manningham has supported the program for several years with support for governance, administration of the competition and operation of a leadership development program.

With generous sponsorship from Bendigo Bank and Manningham City Council, and with assistance from YMCA Manningham, the competition has become one of Australia's most successful disability basketball programs. The Doncaster All Abilities Basketball competition has grown into a 32 team competition with over 200 participants including championship and 6 other divisions.

Playing competitive basketball gives people with disabilities and disengaged youth an opportunity to develop greater strength and skills, make new friends, learn about teamwork and win a few trophies. The emphasis is on creating a supportive, social, inclusive and fun environment.

At the 2016 Basketball Australia National competition DAAB had a large representative group who medalled across both the female and male Ivor Burge competition. DAAB had four players in the Metro male team (gold), two players in the Country male team (bronze) and one player in the Metro female team (silver). DAAB was also represented with one of their Championship coaches being selected and participating as an assistant coach to the Metro Male team.

Further to being represented at a national level, DAAB was represented at the International level at the fourth INAS Global Games for players with an intellectual disability. DAAB had a number of players across the male (Boomerangs) and female (Pearls) teams to be selected in the training squads and final team lists, along with another of their Championship coaches being represented as the Boomerangs head coach.

GROUP EXERCISE

Lungs in Action is a Lung Foundation Australia community based group exercise class now running at Aquarena for people with stable chronic lung conditions who have already completed a pulmonary rehabilitation program.

All Lungs in Action classes are run by qualified group exercise professionals who have been specially trained in exercising people with chronic lung conditions and heart failure. Classes are suitable for people using supplemental oxygen and or walking frames. There are standing and seated options provided for all exercises catering for all levels of fitness.

The class format follows recommendations as set by Lung Foundation Australia's Lungs in Action training guidelines. These classes are a safe way to build on the benefits obtained through hospital based rehabilitation, in addition to providing participants a fun and supportive social environment in a community setting.

Regular exercise is a great way to reduce the symptoms and effects of COPD, with this specialized class at Aquarena which incorporates stretching, hand weights, bands, and pin-loaded strength training stations. A doctor's referral is required by all participants if they have not attended a recent rehabilitation program.



YMCA SWIMATHON

Not everyone gets the chance to learn how to swim. People with disabilities often require specially qualified instructors, accessible facilities and equipment.

The YMCA Swimathon is an annual national YMCA fundraising event where people are encouraged to come together to swim laps to raise important funds to support people with a disability to learn how to swim and enjoy the water safely.

This was the fourth year the YMCA Swimathon event has been run at Aquarena and nearly 100 participants registered online and turned up on the morning to support the centre and our event on the day.

Over \$3,000 in total was raised, which was a fantastic result and all of the funds raised go directly to provide specialised swimming lessons for children and adults and purchase equipment which can improve pool access for people with a disability.

It was a great morning with many staff volunteering their time to assist. The outdoor 50 metre pool area was all set for the event with flags, banners, registration area, hot and cold breakfast, dedicated swim lanes, Gatorade drink stations, lots of Swimathon support staff in uniform and every swimathon participant received a special swimathon branded gift in recognition of their achievement and support.

NEW HEALTH CLUB

A major addition at Aquarena after recently completed redevelopment works, the new world class health club located on the first floor of the building has twice the floor space as before, allowing for a much larger range of exercise equipment including new dedicated stretching and functional training areas.

Overlooking the indoor pool hall and spa area, the new health club cardio zone with a huge new cardio entertainment area which includes four large high definition televisions, comprises of over 65 pieces of the latest Life fitness cardio equipment including treadmills, exercise bikes, cross trainers, rowers and step machines.

Every piece of this latest state of the art cardio equipment has an online entertainment console, where users can watch broadcast TV, search the internet or listen to a range of music or news channels.

The specialized strength and resistance training zone includes over 40 pieces of new Life fitness strength training equipment including pin loaded machines, cable machines, multi station synergy machines, kettle bells and more. The new health club and assessment rooms will allow for continued growth in our membership base and more diverse and enhanced fitness programming going forward.



YMCA MANAGEMENT TEAM UPDATE

NEW ARRIVALS

AQUARENA CENTRE MANAGER – KAREN QUINN

Karen was appointed as Aquarena Centre Manager in February 2016. She has over 25 years' experience in the health and fitness industry. Beginning as a volunteer at Northcote Aquatic and Recreation Centre whilst studying, she has worked her way across almost every area of the Health and Fitness business. As a casual employee she worked in roles such as Health Club instructor, Swimming Lesson instructor, Circuit instructor, Customer Service-Reception and Lifeguarding before moving into more senior management roles. Her extensive experience includes Manager of Ascot Vale Leisure Centre and Centre Director of Eltham Leisure Centre.

Some of her qualifications include a Bachelor of Applied Science- Physical education (VUT), Diploma of Education (VUT), Advanced Certificate in Management (RMIT), Pool Operators Certificate and Competency Based Trainer Level 1- Barton College of Tafe Karen loves the health and fitness industry knowing it can change people's lives and she strives to ensure all customers have fun and the best possible experience whilst at Aquarena

YOUTH SERVICES MANAGER – MICHAEL COLLING

Michael was appointed as Youth Services Manager in June 2016. He has worked in the youth sector for almost two decades; working predominately in local government and school settings across Melbourne. In 2005 and again in 2006, Michael wrote and co-hosted award-winning radio specials on youth issues, for NOVA FM. In 2007, Michael's first book, The Other Side of Blue, was published to much acclaim. The anthology of autobiographical stories from young Australians, celebrated the journey of overcoming adversity.

Michael has twice received nominations for Australian of the Year for his work in mental health promotion with young people, including the establishment of a national not-for-profit organisation. The BETTERMAN Foundation empowered local communities to support their young men, across Australia, with a focus on suicide and violence prevention.

Michael is now enjoying "the best job in the world" having recently become a Dad for the first time.



YMCA MANAGEMENT TEAM UPDATE CONT...

FAREWELL

We wish all of the staff who left the organisation during the year all the very best for the future and thank them for their efforts.

ADAM HAWKEN (CEO)

It was with great sadness that the YMCA of Manningham Board received the resignation of Adam Hawken in June 2016. Adam had been employed at YMCA of Manningham for 18 years, including the past 10 as Chief Executive Officer.

Adam has been a wonderful asset to YMCA of Manningham, a recognised leader both within the organisation and the wider Y Australia network. He has been a mentor to many, many staff, established strong and lasting community and stakeholder relationships, and always exhibited a calm, intelligent and strong management style. From September 2014 to February 2016, he also took on the role of Acting Aquarena Centre Manager.

Adam left YMCA Manningham to take up the role as General Manager of Facilities and Infrastructure at the State Sports Centre Trust. We congratulate him on this appointment and wish him all the very best. We will miss him heaps.

ALAN ROWE (GROUP OPERATIONS MANAGER)

Alan Rowe retired on December 27 2015. Another long standing employee of 21 years, Alan began in 1994 as a lifeguard and progressed to Group Operations Manager. We estimate that he has mentored hundreds of young staff including most of the current Aquarena management team. He always found

time to provide thoughtful advice when it was sought – and it was sought often from staff from all areas. Many staff who have gone on to diverse careers remain in contact with him to this day. Alan has also helped guide the direction of Aquarena, oversaw risk management and operations and more specifically was directly involved in over six major capital works projects.

We celebrated Alan's retirement at the 2015 staff end of year event, and were reminded of some of our favourite Alanisms that will live on including- "There is no fence around this place keeping you in" his favourite poem "The Road Less Travelled" and the famous Peter/Paul principle. We will miss his crystal-clear work instructions, being told to tuck in our shirts, and those fabulous stories about his time in Papua New Guinea. We wish Alan and his wife Elvie a very happy retirement.

STEVEN DUPON (YOUTH SERVICES MANAGER)

Steven Dupon began as Youth Services Director in 2009 and leaves as Youth Services Manager in May 2016 to take up the new role of National Empowerment Coordinator at YMCA Australia. Known for his innovative programming, programs developed under Steven's tenure include mentoring, Hip Hop, National and Overseas Volunteering, Social Action, Y Exercise, WriteN Record, Community Kitchen, The Lab, Pixel Arcade, and Parkour.

During his time at YMCA Manningham, Steven developed a national profile as an expert on the effect of gaming on youth. Steven also oversaw the successful move of Youth Services from YWC to Heimat Centre and then to its current location at MC2. We are very happy to still have him within the Y family but will miss that Belgian coolness!

JENNY JOHNSTON (SCHOOLS SWIM LESSON TEAM LEADER)

Jenny is one of the original Aquarena staff, beginning work with YMCA Manningham when Aquarena first opened in October 1992, and retiring in June 2016.

She actually began well before the "Aquarena" era in 1982, teaching in the original pool hall (where the current roundabout is). Over 24 years, Jenny has been a staunch advocate of the aquatic education program.

Since 2000, she has skilfully overseen a large and successful school swimming lesson program at Aquarena which rarely saw a day during the school year without bookings.

ANNE FARQUHARSON (BOARD MEMBER AND FORMER BOARD PRESIDENT)

Long term board member, Anne Farquharson, resigned from the YMCA Manningham Board in August, 2015. Anne joined the YMCA Manningham Board in November, 2001. Throughout her time on our Board she was committed to doing the best for the people of Manningham from our Youth to Pryme Movers.

Anne is a long time regular lap swimmer and participant of Aqua Aerobics and Pryme Movers classes at Aquarena. Anne was our President in 2009, 2010 and 2011 and also served as a member of the YMCA Australia International Committee, attending the World Alliance of YMCAs in Durban, South Africa in 2006.

Anne's wonderful contribution to our organisation was recognised at a Board dinner in September and she was awarded Life Membership of our Association.



STAFF AWARDS

Each year YMCA Manningham awards recognition of service awards to staff. At the 2015 Staff End of Year Event held in November, the following staff were rewarded for their length of service with YMCA Manningham:

5 YEARS

JUSTIN BURNS

MATTHEW DYSON

ALEXANDER GARGANO

CAITLIN HANNAN

KATIE BAKKERS

ELISA WILLIAMS

DEE SHEFFRIN

FELICITY SMYTH

RYAN HOLLOWAY

10 YEARS

EMMA TAGGART

MELISSA HOOKE

15 YEARS

JACQUI ALLEN

KAREN LEE

FINANCIALS

This extract report is to be read in conjunction with the audited financial statements of YMCA Manningham Inc. for the financial year ending 30 June 2016. Anyone enquiring a full report can obtain a copy from the Chief Executive Officer.

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME (EXTRACT)

	2016	2015
Revenue	5,472,191	6,395,921
Total Revenue	5,472,191	6,395,921
Less Expenses		
Employee Benefits Expense	3,775,911	4,081,754
Depreciation Expense	262,293	235,072
Other Expenses	1,685,091	1,973,374
Finance Costs	27,550	6,849
Total Expenses	5,750,845	6,297,049
Net Profit/Loss	-278,654	98,872
Less Council Fees		
Net Profit/(Loss) after Council Fees	-278,654	98,872
Other Comprehensive Income	5,566	2,794
Total Comprehensive Income for the year	-273,088	101,666

STATEMENT OF FINANCIAL POSITION (EXTRACT)

	2016	2015
Current Assets	334,213	371,283
Non-current Assets	1,051,423	1,012,302
Total Assets	1,385,636	1,383,585
Current Liabilities	1,129,046	833,036
Non-current Liabilities	34,620	55,491
Total Liabilities	1,163,666	888,527
Net Assets	221,970	495,058
Total Equity	221,970	495,058

MANNINGHAM YOUTH AND COMMUNITY SERVICES INC.

FOUNDATION Y BENEVOLENT SUPPORT PROGRAM

YMCA Manningham continued to be a significant provider of benevolent support within the Manningham community. The majority of funds raised come via our main entity YMCA Manningham Inc., our Staff Workplace Giving program which allows staff to directly donate via our payroll system, personal donations and our participation in the YMCA Swimathon.

Through a formal process by third parties, applications were made, assessed and processed. As a direct result, people in need received support in a wide variety of ways as shown in the following snapshots for 2015/2016:

- Provided 15 gym memberships and 2 aquatic memberships to disadvantaged community members to assist their health and fitness and wellbeing.
- Through an arrangement with Neami National (psychosocial health and rehabilitation support provider who works with people with a mental illness) provided 54 months of Aquarena memberships (Gold, Gold Day or Aquatic).
- Provided 17 terms of swimming lessons to a variety of disadvantaged children.
- Provided 6 weeks of Y Splash to disadvantaged children.
- Provided two childcare sessions per week for most of the year to a disadvantaged child.
- Supported two children to attend school swimming lessons.

- Supported two disadvantaged children to attend a YMCA camp and another child to attend a school holiday program.
- Provided financial support to a number of children and youth to assist with their education such as Tutor fees, Tertiary fees, purchase of electronic devices, and participation in extracurricular activities.
- Supported three students to purchase myki travel cards to attend school.
- Supported two youth to attend English classes.

Due to the continued redevelopments at Aquarena, we were once again this year unable to have a "giving tree" located in our foyer to provide Christmas gifts for Doncare Community Services to distribute to those families in need within Manningham. We did, however, again provide to Doncare Community Services, a donation of \$1,500 to assist their program.

All of the above benevolent support totalled close to \$25,000 worth of assistance to the Manningham community during the 2015/2016 financial year.





YMCA

YMCA Manningham

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